

## THE EASTERN REGIONAL HEALTH AUTHORITY

## POSITION DESCRIPTION

1. JOB TITLE	2. DIVISION		3. DEPARTMENT
NURSE (INTENSIVE CARE UNIT)	SANGRE GRANDE HOSPITAL		INTENSIVE CARE UNIT
4. ORGANIZATIONAL RELATIONSHIP		5. NATURE & SCOPE	
The Nurse will report to the Head Nurse.		The Nurse (Intensive Care Unit) is responsible for performing nursing duties requiring more advanced skills, and supervises subordinate professionals and sub-professional personnel.	

#### 6. SPECIFIC ACCOUNTABILITIES:

The Nurse (Intensive Care Unit):

- □ Evaluates and monitor the patient's progress.
- □ Cares for patient needs throughout their recovery in the Intensive Care Unit.
- Creates and implement effective care plans.
- □ Knowledge of Standard Infection Control Policies and Practices.
- □ Monitors exact, detailed reports and records of the critical Intensive Care Unit patients.
- □ Monitors and record symptoms and changes in patients' conditions and information to the physician.
- Orders, interpret and evaluate diagnostics tests to identify and assess the patient's condition.
- Carefully observe and document patient medical information and vital signs.
- □ Systematic daily assessment of the critically ill patient.
- Respiratory toileting of the critically ill patient
- Document patients' medical histories and assessment findings.
- Document patients' treatment plans, interventions, outcomes, or plan revisions.
- Performs Arterial and Central Venous Catheter Site Care
- □ Consults and coordinate with health care team members about whole patient care plans.
- □ Modifies patient treatment plans as indicated by patient's response and conditions.
- Monitors the critical patients for changes in status and indications of conditions such as sepsis or shock and institute appropriate interventions.
- □ Administers intravenous fluids and medications as per doctor's order.
- Monitors patients' fluid intake and output to detect emerging problems such as fluid and electrolyte imbalances
- □ Monitors all aspects of patient care, including diet and physical activity.
- □ Identifies patients who are at risk of complications due to nutritional status.
- Directs and supervise less-skilled nursing/health care personnel, or supervise a particular unit on one shift to patient's response and conditions.
- Provides advanced life support.
- □ Assists physicians with procedures such as bronchoscopy, endoscopy, endotracheal intubation, and elective cardioversion.
- □ Ensures that ventilators, monitors, and other types of medical equipment function properly.
- □ Ensures that equipment or devices are properly stored after use.
- Identifies malfunctioning equipment or devices.
- $\hfill\Box$  Collaborates with fellow members of the critical care team.
- □ Responds to life-saving situations, using nursing standards and protocols for treatment.
- □ Critical care nurses may also care for pre-and post-operative patients when those patients require Intensive Care.
- Oversees subordinate staff in relation to performance of administrative duties.
- □ Assesses patients' pain levels and sedation requirements.
- □ Prioritizes nursing care for assigned critically ill patients based on assessment data and identified needs.
- □ Assesses family adaptation levels and coping skills to determine whether intervention is needed.
- Acts as a patient advocate.
- Provides education and support to patient families.
- Performs other related duties as determined by the appropriate Authority.

# 7. KEY KNOWLEDGE, SKILLS AND ABILITIES

- Knowledge of professional nursing theory and practice.
- □ Knowledge and understanding in the mechanics of Intensive Care Nursing.

- □ Knowledge of GCS (Glasgow Coma Scale)
- Ability to supervise and instruct professional and non-professional personnel in the application of nursing techniques to routine and complex patient care situations.
- Ability to establish and maintain effective working relationships with other employees, the public and patients.
- □ Knowledge of Hospital Rules, Regulations and Policies.
- Ability to coach and mentor subordinate staff.
- Ability to demonstrate analytical and critical thinking skills.
- □ Ability to delegate responsibilities to appropriate personnel.
- □ Ability to perform well in a fast pace environment and under pressure.
- □ Ability to use Microsoft Office Suite.

#### 8. MINIMUM TRAINING AND EXPERIENCE

- Training as evidence by the possession of a Bachelor of Science Degree in Nursing or Certificate in Basic General Nursing.
- Post Basic Certification in the field of Critical Care Nursing.
- □ Registration with the Nursing Council of Trinidad and Tobago.
- □ A minimum of three (3) years' experience as a Nurse.
- Certification in Basic Life Support.
- Certification in Advanced Life Support.
- Any equivalent combination of experience and training.

#### 9. SUPERVISORY RESPONSIBILITIES

- □ Nurse
- □ Nursing Assistant
- □ Patient Care Assistant
- Hospital Attendant I
- Clerical Assistant
- On the Job Trainee

## 10. COMMUNICATION AND WORKING RELATIONSHIPS

### Internal

- Nursing Supervisor
- Specialist Medical Officer
- Registrar
- Heads of Departments
- Plant Engineer II
- Hospital Nursing Manager
- Quality Coordinator
- □ All Heads of Support Departments e.g. Pharmacy, Physiotherapy, Laboratory, etc
- Other members of staff

## External

- Public
- Clients
- Other Regional Health Authorities
- Police Service
- □ Fire Service