

#### THE EASTERN REGIONAL HEALTH AUTHORITY

### POSITION DESCRIPTION

1. JOB TITLE	2. DIVISION	3. DEPARTMENT
NURSING ASSISTANT	<ul><li>SANGRE GRANDE HOSPITAL</li><li>ST. ANDREW/ST. DAVID</li><li>NARIVA/MAYARO</li></ul>	NURSING
4 ORCANISATIONAL RELATIONSHIP	5 NATURE & SCOPE	

The Nursing Assistant will report to the Head Nurse/District Health Visitor/District Nurse/Nurse where applicable.

The Nursing Assistant is responsible for ensuring healthcare is provided to all clients after receiving instructions from the Medical Officer, District Health Visitor or District Nurse. He/She also ensures that the patient care environment is prepared for the safe and effective care of customers.

#### 6. SPECIFIC ACCOUNTABILITIES

#### The Nursing Assistant:

- Provides patient care on a personal level; take vital signs and monitor volume flow.
- □ Prepares or performs several procedures such as simple dressings, patient bathing, giving enemas, etc.
- Admits and record vital signs and patient history from clients or relatives.
- □ Serves patient meals and ensure appropriate diet per client, feed the client and take the client to the toilet before and after meals.
- Makes the beds, prepare trays for procedure, carbolize unmade bed, lockers and IV stands.
- Administers insulin to diabetic clients.
- Performs personal hygiene of clients: shower, oral care, toilet duties, hair care, nail care, and maintain pressure areas by lifting and turning every two (2) hours or as recommended.
- Tests urine and record findings on client's notes.
- Assists in client teaching with supervision from the Nurse.
- Prepares clients for physical examination by the Medical Officer.
- Prepares rooms, trays and trolleys for clinic activities, home care and school health examination.
- Checks/Prepares materials and equipment for sterilization and report any defects to the Nurse Manager.
- Ensures requisition of supplies e.g. dressing supplies are maintained at acceptable levels and inform supervisors of deficiencies for ordering.
- Assists with maintenance of cold chain for vaccines.
- Participates in client escort activities e.g. escort clients to and from x-ray, ultra-sound, CLU, and clinics.
- Escorts clients on the ambulance to different institutions and to homes on discharge.
- Ensures clients' emotional and spiritual needs are met by use of effective communication when interacting with clients.
- Involves the client in the development of his/her care.
- Performs home visits with District Nurse, District Health Visitor and Medical Officer.
- Assists with formulating health education programs.
- Performs other related duties as determined by the appropriate Authority.

# 7. KEY KNOWLEDGE, SKILLS AND ABILITIES

- □ Knowledge of personal hygiene.
- Some knowledge of procedures and techniques involved in general nursing.
- Some knowledge of First Aid.
- Ability to follow simple oral and written instructions.
- Ability to demonstrate patience and empathy
- Ability to establish and maintain effective working relationships with employees and the public

#### 8. MINIMUM TRAINING AND EXPERIENCE

- Training as evidence by the possession of a Nursing Assistant Certificate or its equivalent from a recognized institution.
- Registration with Nursing Council of Trinidad and Tobago

#### 9. SUPERVISORY RESPONSIBILITIES

Patient Care Assistant

# 10. COMMUNICATION AND WORKING RELATIONSHIP

#### Internal:

- □ All Clinical and Nursing personnel
- □ Community Liaison Department
- Laboratory Department
- □ Hospital Attendant
- □ Patient Care Assistant
- □ Pharmacy
- □ Other members of staff

# External:

- Public
- Clients
- Other Regional Health Authorities
- Police Service
- □ Fire Service
- Students Nurses and Medical Intern