



THE EASTERN REGIONAL HEALTH AUTHORITY

POSITION DESCRIPTION

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| 1. JOB TITLE PHYSIOTHERAPIST I | 2. DIVISION SANGRE GRANDE HOSPITAL | 3. DEPARTMENT REHABILITATION |
| 4. ORGANIZATIONAL RELATIONSHIP The Physiotherapist I will report to the Physiotherapist II or the immediate supervisor. | | 5. NATURE & SCOPE The Physiotherapist I is responsible for evidence-based evaluation and treatment of patients referred to Physiotherapy in Outpatient and/or Inpatient settings in Sangre Grande Hospital, who present with limitations to independent physical function as a result of injury, disease or other processes affecting the musculoskeletal, cardiorespiratory, and neurological systems. |
| 6. SPECIFIC ACCOUNTABILITIES The Physiotherapist I: <ul style="list-style-type: none">❑ Reviews referrals for further examination, assessment and treatment within the scope of practice, education, skill, and experience level of the Physiotherapy Therapeutic (PT) I.❑ Conducts and documents subjective and objective examinations of referred patients to Outpatient or Inpatient Physiotherapy.❑ Develops, documents and reviews appropriate physiotherapy goals that agree with assessment findings, scientific evidence and patient interest.❑ Develops, implements and reviews a documented plan of intervention(s) to achieve physiotherapy goals.❑ Instructs, monitors and adjusts the administration of a variety of treatment modalities as indicated, applying sound clinical reasoning and knowledge of contraindications to therapeutic interventions.❑ Recommends and implements the most suitable intervention strategies and monitors its effectiveness and patients' progress.❑ Observes and documents subjective and objective outcomes of interventions.❑ Plans, executes and modifies as necessary individual patient treatment schedules in collaboration with support staff.❑ Assesses and records patient progress for continuation or discharge from Physiotherapy services to independent care as indicated by accomplishment of Physiotherapy goals❑ Refers patients in need of service beyond physiotherapy scope of practice to appropriate sources of care within ERHA, as necessary.❑ Manages daily, weekly and monthly caseload and clinical rotation assignment with guidance from Physiotherapist II.❑ Delegates duties to the Physiotherapy Aides.❑ Attends and participates in Physiotherapy Department meetings and represents the Department at other multi-disciplinary meetings, when required.❑ Accepts and performs assignments to participate in activities promoting Physiotherapy and physical activity internal and external to the ERHA.❑ Represents the ERHA in any capacity within Physiotherapy scope of practice.❑ Performs any other related duties as required. | | |
| 7. KEY KNOWLEDGE, SKILLS AND ABILITIES <ul style="list-style-type: none">❑ Ability to produce evidence-based clinical reasoning.❑ Ability to work under pressure and as a team.❑ Excellent time management skills.❑ Excellent communication skills.❑ Ability to establish effective working relationships with staff and clients.❑ Must possess a genuine interest in the health and well-being of patients. | | |
| 8. MINIMUM TRAINING AND EXPERIENCE <ul style="list-style-type: none">❑ Bachelor of Science in Physical Therapy or equivalent entry level professional Physiotherapy Education.❑ Registration with Physiotherapists Board of Trinidad and Tobago. | | |

9. SUPERVISORY RESPONSIBILITIES

- ❑ Physiotherapy Aides

10. COMMUNICATION AND WORKING RELATIONSHIPS

Internal

- ❑ Medical Director
- ❑ Manager-Para Clinical Services
- ❑ Physiotherapist II
- ❑ Occupational Therapist
- ❑ Speech Therapist
- ❑ Heads of Departments
- ❑ Physiotherapy Aide
- ❑ Clerk I

External

- ❑ Clients
- ❑ Healthcare professionals contributing to patient management
- ❑ Non-healthcare professionals that contribute to patients' management